National Beef GROUND CHUCK, FINE, BLACK CANYON ANGUS

Grilling

Brand		Manufa	Manufacturer		Product Category				
Black Canyon		Nation	al Beef	Beef Ground Chuck 80% Lean					
MFG #		G	TIN		Pack		Pack Desc.		
3484		90710178034846			8		8/10 lbs		
Gross Weight		et Weight Countr		ry of Origin K		Kosher	Child Nutrition		
78.40 lbs	7	76.00 lbs	United Sta	ates of Ar	nerica		No		
Length	Width	n Heig	ht Volum	e TixHi	Shelf Li	fe Stor	age Temp From/To		
23.40 inches	15.75 inc	hes 9.24 ind	ches 1.97 cu	ft 5x6	20 day	s 28	3.00 / 35.00 FAH		

INGREDIENTS

Beef

HANDLING

Refrigerate

SERVING

Grilling

PREP & COOKING

Cook to internal temperature of 165 degrees Fahrenheit.

Nutrition Facts

304 servings per container Serving size	4oz				
Amount Per Serving Calories 2	280				
% Daily	% Daily Value*				
Total Fat 22gr	34%				
Saturated Fat 9gr	43 %				
Trans Fat 2gr					
Cholesterol 80mg	27 %				
Sodium 75mg	3%				
Total Carbohydrate Ogr	0 %				
Dietary Fiber 25gr	0 %				
Total Sugars 0mcg					
Includes 0 Added Sugars	%				
Protein 19gr					
Vitamin D 0	0%				
Calcium 0	0%				
Iron 1.8mg	10%				
Potassium 0	0%				

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From Not Tested

Milk, Eggs, Fish, Crustacean, Molluscs, Tree Nuts, Peanuts, Nuts, Soy



National Beef GROUND CHUCK, FINE, BLACK CANYON ANGUS



NUTRITION ANALYSIS

Calories	280	Total Fat	22 gr	Sodium	75 mg
Protein	19 gr	Trans Fats	2 gr	Calcium	0
Total Carbohydrates 0 gr		Saturated Fat	9 gr	Iron	1.8 mg
Sugars	0 mcg	TPolyunsaturated Fat 0		Potassium	0
Dietary Fiber	25 gr	Monounsaturated Fat	0	Zinc	0 mg
Lactose		Cholesterol	80 mg	Phosphorus	0
Vitamin A(IU)	0 mcg	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0 mg
Vitamin C 0 mcg		Folate	0	Riboflavin	0 mg
Magnesium	0	Vitamin B-6	0 mg	Vitamin B-12	0 mcg