



Nutrition Facts

Serving Size

1 small (38g)

Calories 54

% Daily Value *

Total Fat 3.6g 5%

Saturated Fat 1.2g 6%

Trans Fat 0g

Cholesterol 141.4mg 47%

Sodium 54mg 2%

Total Carbohydrate 0.3g 0%

Dietary Fiber 0g 0%

Total Sugars 0.1g 0%

Includes --g Added Sugars --%

Protein 4.8g 10%

Vitamin C 0mg 0%

Vitamin D 0.8mcg 4%

Iron 0.7mg 4%

Calcium 21.3mg 2%

Potassium 52.4mg 1%

Phosphorus 75.2mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.