



Quaker

1071435210 - Qkr Qk Grit 5lb/8

QUAKER Quick White Grits are a very flexible item. You can use them in the traditional way as a favorite breakfast side dish with butter or other toppings, but they are also a great option as part of a signature entree or with cheese added as a side for dinner. QUAKER Quick White Grits are packed in a convenient 5 pound bag.



Nutrition Facts

Servings per Container 61
Serving size 1/4cup(37g)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mg	0%
Calcium 0mg	0%
Iron 1.7mg	9%
Potassium 50mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

DEGERMINATED WHITE CORN GRITS, NIACINAMIDE*, REDUCED IRON, THIAMIN MONONITRATE*, RIBOFLAVIN*, FOLIC ACID*. *ONE OF THE B VITAMINS

⚠ Allergens

Handling Suggestions

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

Serving Suggestions

Grits are a very versatile item. They can be served as is or with a topping as a breakfast item. Can also be used as part of a main course for a signature dinner item

Prep & Cooking Suggestions

Boil

📄 Product Specifications

Brand	Manufacturer	Product Category
Quaker	Quaker Food and Beverage	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
04378	1071435210	00030000043783		8/5 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
40.5lb	40lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.4in	10.8in	8.75in	0.9ft3	10x5	270DAYS	35°F / 85°F



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Nutrition Analysis - By Serving

Calories	130	Total Fat	0.5g	Sodium	0mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates***	29g	Saturated Fat	0g	Iron	1.7mg
Sugars	1g	Added Sugars	0g	Potassium	50mg
Dietary Fiber	2g	Polyunsaturated Fat	0.5g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	0.1mg
Magnesium		Vitamin B-6		Vitamin B-12*	
Monosodium		Sulphites		Nitrates	

Additional Images

