

NUTRITIONAL STATEMENT

January 1, 2023

All non-flavored and flavored coffees processed by F. Gaviña & Sons, Inc. follow the Nutrition Facts labeling regulations set forth by the U.S. FDA*. Under these regulations, our packaging is not required to include nutritional information, as the nutrients of coffee are considered "insignificant" if it has less than 1 gram of carbohydrates, dietary fiber, and protein per serving, if all nutrients required in Nutrition Facts can be declared as zero, and if no nutrition claims are made on the label.

(*) FDA regulation on Nutrient Declaration for Coffee:

21 CFR 101.9(j)(4)"Foods that contain insignificant amounts of all of the nutrients and food components required to be included in the declaration of nutrition information under paragraph (c) of this section, Provided, That the food bears no nutrition claims or other nutrition information in any context on the label or in labeling or advertising. Claims or other nutrition information subject the food to the provisions of this section. An insignificant amount of a nutrient or food component shall be that amount that allows a declaration of zero in nutrition labeling, except that for total carbohydrate, dietary fiber, and protein, it shall be an amount that allows a declaration of "less than 1 gram." Examples of foods that are exempt under this paragraph include coffee beans (whole or ground), tea leaves, plain unsweetened instant coffee and tea, condiment-type dehydrated vegetables, flavor extracts, and food colors".

Approved By:

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