



Bob's Red Mill Natural Foods Inc Gluten Free Classic Oatmeal Cup, 1.81 Ounces, 12 Per Case

DOT 629606 GTIN 40039978021845 MFR P101254



Stocked

Product Broker
WAYPOINT/TUSTIN,
CA

(515) 963-5771

2642 Michelle Dr
Tustin, CA 92780

Product Details

Temperature	Dry Goods
How Packed	1.81 OZ 12 per case
Shipping Weight / Net Weight	2.22 lb / 1.36 lb
Cube	0.4 ft ³
Pallet Configuration	20 per layer 10 layers 200 per pallet
Dimensions	11.5 IN L 8 IN W 7.5 IN H
Shelf Life / Guarantee	365 days / 237 days
Certifications	Gluten Free Kosher Vegan Vegetarian
Country of Origin	United States

Features

Convenient Cup Makes Filling Oatmeal On The Go A Breeze. Lightly Salted.

<p>Preparation</p> <p>Reconstitute - Add Hot Water To Fill Line And Stir. Cover And Let Stand For 3 Minutes. Stir Again And Enjoy.</p>	<p>Storage</p> <p>Store In A Cool Dry Place.</p>
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Ingredients

Gluten Free Whole Grain Oats, Chia Seed, Flaxseed, Sea Salt

<p><input checked="" type="checkbox"/> Contains</p> <p><input type="checkbox"/> May Contain Tree Nuts, Soy, Sesame Seeds</p> <p><input type="checkbox"/> Free From Eggs, Milk, Crustaceans, Fish, Peanuts, Wheat</p>	<p>Known Dietary Claims</p> <p>Gluten Free, Kosher, Vegan, Vegetarian</p>
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GTINs and Packaging

	GTIN	Name	Qty in Parent	Ship Wt	Net Wt	Cube	Dimensions
Case	40039978021845	Bob's Red Mill Classic Oa...		2.22 LB	1.36 LB	0.399 CF	11.50 IN L x 8.00 IN W x 7.50 IN H
Each	00039978021847	Bob's Red Mill Classic Oa...	12	0.16 LB	0.11 LB	0.025 CF	3.63 IN L x 3.63 IN W x 3.25 IN H

[Serving Size](#)

Nutrition Facts (Unprepared)

1 Servings Per Container

Serving Size **51 g**

Amount Per Serving

Calories **210**

% Daily Value*

Total Fat 5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 160 mg	7%
Total Carbohydrate 33 g	12%
Dietary Fiber 7 g	25%
Sugar 1 g	
Added Sugar 0 g	0%
Protein 7 g	
Vitamin D 0 µg	0%
Potassium 212 mg	4%
Calcium 32 mg	2%
Iron 2 mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Notes:

- The actual nutritional label(s), allergens, dietary claims, and ingredients may vary slightly
- The values displayed above are provided by the vendor of the item (BOB'S RED MILL NATURAL FOODS INC) and are not provided by Dot Foods
- Source GTIN: 00039978021847/Consumer or Base