

Continental Mills Krusteaz Professional Country Style Multigrain Pancake Mix



Sweet cinnamon flavor ? Light brown color with a cinnamon aroma ? Combination of wheat, rice and corn flours make this pancake a standout

Brand	Manufacturer			Product Category				
KRUSTEAZ	Cor	Continental Mills			Pancake Mix Multigrain			
MFG #		GTIN		Pack		Pack Desc.		
731-0128	1004	10041449102778		0		6/5 lbs		
Gross Weight	Net Weight	Country of	Orio	jin I	Kosher	Child Nutrition		
Gross Weight 32.25 lbs	Net Weight 30.00 lbs	Country of United States			Kosher Yes	Child Nutrition No		
32.25 lbs	30.00 lbs	United States	of An		Yes			

INGREDIENTS

Enriched Bleached Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Dextrose, Brown Rice Flour (rice Flour, Stabilized Rice Bran With Germ), Degermed Yellow Corn Flour, Rolled Oats, Soybean Oil, Less Than 2% Of: Baking Soda, Defatted Soy Flour, Degermed Yellow Cornmeal, Monocalcium Phosphate, Natural Flavor, Salt, Sodium Aluminum Phosphate, Spices.

HANDLING

STORE IN A COOL, DRY PLACE.

SERVING

SCALE FULL BATCH YIELD HALF BATCH YIELD 1.8 oz batter (#24 scoop) 117, 4-inch pancakes 57, 4-inch pancakes 2.2 oz batter (#20 scoop) 73, 5-inch pancakes 36, 5-inch pancakes 6.7 oz batter (2, #8 scoops) 28, 7-inch wa?es 14, 7-inch wa?es

PREP & COOKING

FULL BATCH HALF BATCH 5 lb (full box) Mix 2 1/2 lb (9 3/4 cups) Mix 80 oz (10 cups) Cool Water 40 oz (5 cups) Cool Water 1. Blend mix and water together using a wire whisk until well-blended. 2. Pour batter onto greased, preheated 365°F-375°F griddle. 3. Cook pancakes 1 1/4 -1 1/2 minutes per side. Turn only once. HIGH ALTITUDE: No adjustment necessary.

Nutrition Facts

39 servings per container Serving size	58gr					
Amount Per Serving 2	210					
% Daily Value*						
Total Fat 3gr	4 %					
Saturated Fat 0.5	0%					
Trans Fat Ogr						
Cholesterol Omg	0%					
Sodium 570mg	25 %					
Total Carbohydrate 43gr	6.0%					
Dietary Fiber 1gr	4 %					
Total Sugars 9gr						
Includes 0 Added Sugars	%					
Protein 4gr						
Vitamin D 0mcg	0%					
Calcium 60mg	4%					
Iron 2mg	10%					
Potassium 70mg	0%					

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

May Contain Milk, Eggs

Contains Soy



Continental Mills Krusteaz Professional Country Style Multigrain

Pancake Mix

With our unmistakable quality and consistency, our ?just add water? pancake mixes bring distinction to the griddle. Krusteaz Professional® Country Style Multigrain Pancake Mix is packed with 43 grams of whole grain per serving and excellent source of Fiber.

NUTRITION ANALYSIS

Calories	210	Total Fat	3 gr	Sodium	570 mg
Protein	4 gr	Trans Fats	0 gr	Calcium	60 mg
Total Carbohydrates	43 gr	Saturated Fat	0.5	Iron	2 mg
Sugars	9 gr	TPolyunsaturated Fat	0	Potassium	70 mg
Dietary Fiber	1 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0