## LamblWeston... <br> SEEING POSSIBILITIES IN POTATOES



Item \#SS101

## Seashore-Style ${ }^{\circledR}$ Straight Cut Fries

Brand: Lamb's Seasoned ${ }^{\circledR}$
Cut Size: RC
Package Size: 6/5\#

The Seashore-Style ${ }^{\circledR}$ fries are a unique thick-cut fry coated with a batter that's seasoned with sea salt, cracked black pepper and garlic. The skin-on appearance gives the fries an authentic, hand-cut look customers can't resist.

Ingredients
Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Modified Food Starch (Potato, Corn), Rice Flour, Dextrin, Sea Salt, Sugar, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Black Pepper, Natural Flavors, Onion Powder, Dextrose, Spices (including Mustard), Xanthan Gum, Salt, Oleoresin Paprika, Cocoa Powder.
Grade: A (LONG FANCY-SEASONED FRIES)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979221377
Item Number: SS101

## NUTRITION

Serving Size: 3 oz ( $84 \mathrm{~g} /$ about 15 pieces)
Servings per container: About 160
Calories [per serving]: 140.0
Calories from fat: 45.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
**Contains less than $2 \%$ of the Daily Value of these nutrients.

| Amount Per Serving |  | DV\% |
| :--- | :--- | :--- |
| Total Fat | 5.0 g | $8.0 \%$ |
| Saturated Fat | 1.5 g | $8.0 \%$ |
| Trans Fat | 0 |  |
| Cholesterol | 0.0 mg | $0.0 \%$ |
| Sodium | 300.0 mg | $13.0 \%$ |
| Potassium | 280.0 mg | $8.0 \%$ |
| Total Carbohydrate | 22.0 g | $7.0 \%$ |
| Dietary Fiber | 2.0 g | $8.0 \%$ |
| Sugars | less than 1 g |  |
| Protein | 2.0 g |  |
| Vitamin A |  | $0 \%$ |
| Vitamin C |  | $8 \%$ |
| Calcium |  | $0 \%$ |
| Iron |  | $2 \%$ |

## COOKING METHODS

| Method | Time | Temperature | Additional Instructions |
| :--- | :--- | :--- | :--- |
| Convection Oven | $12-15 \mathrm{~min}$ | $425^{\circ} \mathrm{F}$ |  |
| Conventional Oven | $20-25 \mathrm{~min}$ | $425^{\circ} \mathrm{F}$ |  |
| Deep Fry | $31 / 2-4 \mathrm{~min}$ | $345-350^{\circ} \mathrm{F}$ |  |

## SHIPPING \& STORAGE

| Shipping Information |  |
| :---: | :---: |
| Net Weight | 30.0000 |
| Gross Weight | 32.0000 |
| Count Per Pound | N/A |
| Case Cube | 1.28 |
| Ti/Hi | 9,8 |

