



BRIDGFORD FOODS CORPORATION

# 1477 - Sheet Dough

0 grams Trans Fat. Fits into California SB12.



### \* Benefits

## Nutrition Facts

Servings per Container **180**  
Serving size 1/18th of Sheet (57g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 270mg	<b>12%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 4g	
Includes 3g Added Sugar	<b>6%</b>
<b>Protein</b> 5g	
Vitamin D 0mg	<b>0%</b>
Calcium 12mg	<b>1%</b>
Iron 1mg	<b>6%</b>
Potassium 60mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANE SUGAR, SHORTENING (INTERESTERIFIED SOYBEAN, WITH DISTILLED MONOGLYCERIDES ADDED), YEAST; CONTAINS 2% OR LESS OF: SALT, MILK POWDER (WHEY, NON-FAT DRY MILK, SOY FLOUR, CALCIUM SULFATE), MONOCALCIUM PHOSPHATE, POTASSIUM IODATE, ENZYME, ASCORBIC ACID (VITAMIN C).

### Allergens

#### Contains:

milk soy wheat

#### Free From:

crustaceans eggs fish peanuts  
 sesame tree nuts

### Handling Suggestions

1 oz of bread = 1 oz equivalent grain servings.

### Serving Suggestions

Use Ready-Dough Sheets to make Focaccia, Stromboli, Pizza, Coffee Cakes, Breadsticks and many other high profit baked goods.

### Prep & Cooking Suggestions

Remove the desired number of sheets of dough from freezer. Separate each sheet. Place one frozen sheet dough on a lightly greased half sheet pan. Let thaw 15-20 minutes. Use sheet dough to make Pizza, Stromboli, Cinnamon Rolls, or your favorite recipe. Baking time and temperature vary according to recipe. After proofing until double in size, bake in a preheated 325 convection (375 conventional) oven for 15 minutes (longer for some recipes). Contact Bridgford Foods for recipe ideas (800) 854-3255 or at [www.bridgford.com](http://www.bridgford.com).

### Product Specifications

Brand	Manufacturer	Product Category
Bridgford	BRIDGFORD	Buns & Rolls

MFG #	SPC #	GTIN	Pack	Pack Desc.
6215	1477	10047500002513	0	10/36 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24.5lb	22.5lb	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.06in	13.13in	5in	0.69ft3	7x12	180DAYS	0°F / 0°F



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### Nutrition Analysis - By Serving

Calories	150	Total Fat	3g	Sodium	270mg
Protein	5	Trans Fats	0g	Calcium	12mg
Total Carbohydrates...	27g	Saturated Fat	1g	Iron	1mg
Sugars	4g	Added Sugars	3g	Potassium	60mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D	0mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4.13mg	Folate	16.2mg	Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

