



Flowers Foods Inc.

# 46985 - 40 Oz 5/8" Sourdough (19 Slice)

High crown bread, 5/8" thick slice and a great sourdough flavor make this a great multi-purpose bread choice.



## Nutrition Facts

<b>Serving size</b>	<b>57 Gram</b>	
<b>Amount per serving</b>		
<b>Calories</b>	<b>150</b>	
	<b>% Daily Value*</b>	
<b>Total Fat</b> 1.5g		<b>2%</b>
Saturated Fat 0g		<b>0%</b>
Trans Fat 0g		
<b>Cholesterol</b> 0mg		<b>0%</b>
<b>Sodium</b> 280mg		<b>12%</b>
<b>Total Carbohydrate</b> 30g		<b>10%</b>
Dietary Fiber 1g		<b>3%</b>
Total Sugars 1g		
Includes Added Sugars		<b>%</b>
<b>Protein</b> 6g		
Vitamin D		<b>%</b>
Calcium		<b>6%</b>
Iron		<b>10%</b>
Potassium		<b>%</b>

### \* Benefits

### Ingredients

ENRICHED BLEACHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, ACETIC ACID, VINEGAR, MONOGLYCERIDES, CALCIUM SULFATE, AMMONIUM SULFATE, XANTHAN GUM, SOY LECITHIN, AZODICARBONAMIDE, CALCIUM PROPIONATE (TO PRESERVE FRESHNESS)

### ⚠ Allergens

#### Contains:

soy wheat

#### Free From:

crustaceans eggs fish dairy  
 peanuts tree nuts

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 4-5 days.

### Serving Suggestions

### Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

### ✍ Product Specifications

Brand		Manufacturer		Product Category		
European Bakers		Flowers Foods, Inc		Buns & Rolls		
MFG #	SPC #	GTIN	Pack	Pack Desc.		
40044290	46985	10075361023309	8	8/40 oz		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
23.5 lb	20 lb	USA	Yes			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
22.88 in	14.38 in	10.75 in	2.05 ft3	5x8	270 DAYS	-10°F / 15°F



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## Nutrition Analysis

Calories	150 kcal	Total Fat	1.5 g	Sodium	280 mg
Protein	6	Trans Fats	0 g	Calcium	
Total Carbohydrates...	30 g	Saturated Fat	0 g	Iron	
Sugars	1 g	Added Sugars		Potassium	
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

