High Liner Foods, USA 1/10 Lb Yuengling Beer Battered Cod Tails 4 Oz

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High Liner Foodservice Yuengling® Battered Cod Tails feature premium wild caught Cod dipped in a special beer batter made with renowned Yuengling® lager. Each goes from oven or deep fryer to plate in minutes, consistently delivering the plate coverage you demand with minimal prep required. A superb combination of crispy, crunchy coating and the distinctive malty flavor of Yuengling® even non-beer lovers will find hard to resist.

Brand	Manufa		Product Category			
High Liner Foods	High Liner F	Coc	Cod Breaded Battered Or Cooked			
MFG #	G	F	Pack		Pack Desc.	
10023546	0007353		1		1/10 lbs	
Gross Weight	Net Weight	Country of	Origin	Kos	her	Child Nutrition
Gross Weight 11.00 lbs	Net Weight 10.00 lbs	Country of China		Kos	her	Child Nutrition No
11.00 lbs			a	Kos If Life		

INGREDIENTS

Cod, Bleached Wheat Flour, Vegetable Oil (canola, Cottonseed, Soybean, And/or Sunflower), Beer (malted Barley, Water, Hops, Yeast), Yellow Corn Flour, Water, Contains 2% Or Less Of: Modified Corn Starch, Sugar, Salt, Spices, White Corn Flour, Natural Flavors, Leavening (sodium Aluminum Phosphate, Sodium Bicarbonate). Contains: Fish (cod), Wheat

HANDLING

Keep Frozen

SERVING

Yuengling® battered Cod Tails pair perfectly with creamy tartar sauce or your own complimentary dipping sauce and a fresh lemon wedge on the side. Ideal for baskets or a pleasingly delicious addition to seafood platters.

PREP & COOKING

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 4 minutes. Note: Cook to an internal temperature of 155°F minimum.

Nutrition Facts

40 servings per container	
Serving size	4oz
Amount Per Serving Calories	230
% [Daily Value*
Total Fat 10gr	13 %
Saturated Fat 1.5gr	8 %
Trans Fat Ogr	
Cholesterol 35mg	11%
Sodium 540mg	24 %
Total Carbohydrate 19gr	7 %
Dietary Fiber 1gr	2%
Total Sugars 0gr	
Includes Oar Added Su	aara %

Includes Ogr Added Sugars %

Protein 13gr

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.4mg	2%
Potassium 180mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From Milk, Eggs, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

Contains Fish



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NUTRITION ANALYSIS

Calories	230	Total Fat	10 gr	Sodium	540 mg
Protein	13 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	19 gr	Saturated Fat	1.5 gr	Iron	0.4 mg
Sugars	0 gr	TPolyunsaturated Fat	0	Potassium	180 mg
Dietary Fiber	1 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	35 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0