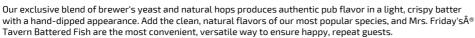


King & Prince Seafood Corp.

1643 - Mrsf Tavern Bat Cod Fillets, 1 2 Oz





85 Gram

0%

4%

5%



Benefits

Ingredients

COD, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, COTTONSEED AND/OR SOYBEAN OIL, AND CONTAINS LESS THAN 2% OF: MODIFIED CORN STARCH, SALT, GARLIC POWDER, WHEY, LEAVENING (SODIUM ACID PYRÓPHOSPHATE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), RICE FLOUR, CARAMEL COLOR, CORN SYRUP, SPICES, NATURAL FLAVOR, XANTHAN GUM, SUGAR, MALTODEXTRIN, ARTIFICAL COLOR (INCLUDING FD&C YELLOW 5 [TARTAZINE], FD&C YELLOW 6 [SUNSET YELLOW]). CONTAINS: COD, WHEAT, MILK

A Allergens

Contains:





Free From:











Nutrition Facts

Serving size

Amount per serving **Calories**

150

	% Daily Value*
Total Fat 7g	11%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 320mg	13%
Total Carbohydrate 12	g 4%
Dietary Fiber 1g	3%
Total Sugars 0g	
Includes Added Su	gars %
Protein 10g	
Vitamin D 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2.000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Frozen

Serving Suggestions

â□¢ Fish & chipsâ□¢ Fish sandwichesâ□¢ Fish wrapsâ□¢ Fish tacosâ□¢ Lunch & dinner entréesâ🛮¢ Fish Fry

Prep & Cooking Suggestions

Keep frozen until ready to use. Do not refreeze.

Convection Oven: Preheat $375 \hat{A}^\circ F$. Place product on baking sheet and cook for approximately 12-14 minutes or until product is crisp.

Deep Fryer: Heat oil to 350°F. Add product, shaking baskets occasionally to prevent from adhering. Fry for approximately 4.5 to 5 minutes or until golden brown.

Product Specifications

Brand	Manufacturer	Product Category
Mrs. Friday's	King & Prince Seafood	Fish, Value Added & Further Processed

Vitamin D 0mg Calcium 8,43mg

Iron 0.75mg

Potassium 250mg

MFG#	SPC#	GTIN	Pack	Pack Desc.
070052	1643	00070017700521	4	4/2.5 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.91 lb	10 lb	USA	No	

Shipping Information							
	Length	Width	Height	Volume	TixHi	Shelf Life	Storage Temp From/To
	15.83 in	9.83 in	6.1 in	0.55 ft3	12x7	365 DAYS	-10°F / 0°F





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Our exclusive blend of brewer's yeast and natural hops produces authentic pub flavor in a light, crispy batter with a hand-dipped appearance. Add the clean, natural flavors of our most popular species, and Mrs. Friday's® Tavern Battered Fish are the most convenient, versatile way to ensure happy, repeat guests.

Nutrition Analysis

Calories	150 kcal	Total Fat	7 g	Sodium	320 mg
Protein	10	Trans Fats	0 g	Calcium	8.43 mg
Total Carbohydrates	12 g	Saturated Fat	1.5 g	Iron	0.75 mg
Sugars	0 g	Added Sugars		Potassium	250 mg
Dietary Fiber	1 g	Polyunsaturated Fat	1 g	Zinc	0.23 mg
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	20 mg		
Vitamin A(IU)•	16.49 NIU	Vitamin D	0 mg	Thiamin	0.09 mg
Vitamin A(RE)		Vitamin E		Niacin	0.72 mg
Vitamin C	1.72 mg	Folate	4.11 µg	Riboflavin	0.09 mg
Magnesium	14.22 mg	Vitamin B-6	0.23 mg	Vitamin B-1 2•	0.53 μg
Monosodium		Sulphites		Nitrates	

Additional Images











