

Teasdale Quality Foods Inc
BLACK BEANS



Brand		Manufacturer		Product Category									
Teasdale		Teasdale Quality Foods Inc		Vegetables Dry Pack Canned									
MFG #		GTIN		Pack		Pack Desc.							
01132		10071240011320		0		12/15 oz							
Gross Weight		Net Weight		Country of Origin		Kosher		Child Nutrition					
14.10 lbs		14.10 lbs		United States of America				No					
Length		Width		Height		Volume		TlxHl		Shelf Life		Storage Temp From/To	
12.00 inches		9.25 inches		4.63 inches		0.29 cu ft		17x10		1080 days		40.00 / 70.00 FAH	

INGREDIENTS

Water, Black Beans, Salt, Ferrous Gluconate, Calcium Chloride.

HANDLING

SERVING

PREP & COOKING

Nutrition Facts

3.5 servings per container

Serving size **130gr**

Amount Per Serving **140**
Calories

% Daily Value*

Total Fat 0.5gr **1%**

Saturated Fat 0gr **0%**

Trans Fat 0gr

Cholesterol 0mg **0%**

Sodium 350mg **15%**

Total Carbohydrate 26gr **9%**

Dietary Fiber 6gr **24%**

Total Sugars 1gr

Includes 0 Added Sugars %

Protein 9gr

Vitamin D 0 **0%**

Calcium 60mg **6%**

Iron 9mg **50%**

Potassium 610mg **17%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

NUTRITION ANALYSIS

Calories	140	Total Fat	0.5 gr	Sodium	350 mg
Protein	9 gr	Trans Fats	0 gr	Calcium	60 mg
Total Carbohydrates	26 gr	Saturated Fat	0 gr	Iron	9 mg
Sugars	1 gr	TPolyunsaturated Fat	0	Potassium	610 mg
Dietary Fiber	6 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0 mcg	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0