

## **Koch Foods Inc** 2254 - Breaded Breast Fillet

Select breast are tumbled is a lightly seasoned marinated and coated in a flour based breading with visible black pepper highlights.



		<b>Nutrition Fac</b>	cts	
	2	Servings per Container Serving size 100gram	40 (113g)	
		Amount per serving Calories 19	92.21	
		% Dail	ly Value*	
		Total Fat 7.97g	%	
		Saturated Fat 1.39g	7%	
		Trans Fat 0.13g		
		Cholesterol 38.85mg	13%	
<b>≭</b> Benefits		Sodium 603.15mg	26%	
		Total Carbohydrate 14.65g	5%	
From freezer to plate in minutes w Computer sized to ensure portion	ith no additional preparation.	Dietary Fiber 0.34g	1%	
Marinated to enhance the natural	flavor, moisture and increased	Total Sugars 0.32g		
holding time.		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 15.4g		
	Attergens		0%	
Containing up to a 20% solution of: Water, Salt, Sodium	Contains:	Vitamin D 0.06µg		
Phosphate. Breaded With Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Wheat flour, bleached enriched wheat flour (niacin, reduced iron, thiamine	() milk () wheat	Calcium 11.88mg		
mononitrate, riboflavin, folic acid), salt, spices, dextrose, disodium inosinate, disodium guanylate, paprika, dried yeast,		Iron 0.99mg 6		
dried onion, dried garlic, sugar, whèy, citric acid, yellow corn flour, soybean oil, oleoresin paprika and annatto, spice extractives. Battered With Water, enriched bleached wheat flour		Potassium 234.03mg	5%	
(enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified food starch, yellow corn flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate). Predusted with: Bleached enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), leavening (sodium bicarbonate, sodium acid pyrophosphate), nonfat dry milk, salt, dried whey, spice, soybean oil, dried yeast. Breading Set in Vegetable Oil.		* The % Daily Value (DV) tells you how much a a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.		

#### Handling Suggestions

Store Frozen 10 degrees or below

#### Serving Suggestions

Center-of-the-plate, sandwiches, salad topper and the perfect seasoning for the trendy "chicken and waffles".

#### Prep & Cooking Suggestions

Deep fry: 350 degrees 5-6 minutes

# Product Specifications

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Bra	nd	Manuf		Product Category					
Koch F	oods	Koch Fo	oods Inc Chicken Bre			ast Fillet, Further Processed			
MFG	#	SPC #		GTIN		Pack		Pack Desc.	
1514		2254	00695	00695767514107			2	2/5 lbs	
Gross Weight Net Weight Country of Origir									
Gross	Noight	Not Wai	aht Cou	intry of	Origin	Ko	shar	Child Nutrition	
Gross V 10.9		Net Wei 10lb		untry of USA	Origin		osher No	Child Nutrition	
				USA					
				USA			No		





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Select breast are tumbled is a lightly seasoned marinated and coated in a flour based breading with visible black pepper highlights.



Nutrition Analysis - By Measure

Calories	192.21kcal	Total Fat	7.97g	Sodium	603.15mg
Protein	15.4g	Trans Fats	0.13g	Calcium	11.88mg
Total Carbohydrates…	14.65g	Saturated Fat	1.39g	Iron	0.99mg
Sugars	0.32g	Added Sugars	Og	Potassium	234.03mg
Dietary Fiber	0.34g	Polyunsaturated Fat	4.02g	Zinc	0.36mg
Lactose		Monounsaturated Fat	2.15g	Phosphorus	
Sucrose		Cholesterol	38.85mg		
Vitamin A(IU)•	53.97NIU	Vitamin D	0.06µg	Thiamin	0.09mg
Vitamin A(RE)		Vitamin E		Niacin	6.78mg
Vitamin C	0.82mg	Folate	8.87µg	Riboflavin	0.08mg
Magnesium	16.59mg	Vitamin B-6	0.46mg	Vitamin B-1 2•	0.13µg
Monosodium		Sulphites		Nitrates	

## O Additional Images



