



90070247128600 -  
 HAM,SMKD,BNLS,WA,RND,LG,SM,10/15#,2PC,RW

Farmland Silver Medal Hams have 5g of fat or less per 100g, and are USDA-approved "Lean." All Silver Medal Hams are completely boneless, giving you a higher yield than bone-in hams

Brand: Farmland

### Nutrition Facts

Serving Size 3 oz. (84g)  
 Servings Per Container: 50

#### Amount Per Serving

**Calories 130** **Calories from Fat 60**

#### % Daily Value\*

<b>Total Fat</b> 6 g	9%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Monounsaturat Fat 2 g	
Polyunsaturat Fat 1 g	
<b>Cholesterol</b> 50 mg	17%
<b>Sodium</b> 950 mg	40%
<b>Total Carbohydrate</b> 2 g	1%
Dietary Fiber 0 g	0%
Sugars 2 g	
<b>Protein</b> 14 g	

Vitamin A 0%	•	Vitamin C
Calcium 0%	•	Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients

Cured With: Water, Salt, Dextrose, Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

### Case Specifications

<b>GTIN</b>	90070247128600	<b>Case Gross Weight</b>	29.30 LB
<b>UPC</b>		<b>Case Net Weight</b>	27.80 LB
<b>Pack Size</b>		<b>Case L,W,H</b>	15.13 IN, 13.63 IN, 7.50 IN
<b>Shelf Life</b>	100 Days	<b>Cube</b>	0.89 CF
<b>Tie x High</b>	8 x 7		

### Preparation and Cooking

Prepare per package instructions.

### Serving Suggestions

Make Farmland American Ham part of your breakfast, lunch and dinner menus. Serve thick grilled slices as a breakfast side dish, or cut ham into cubes and make a breakfast egg casserole. For lunch, build a gourmet ham sandwich on artisan bread, or create a hand-held "Ham 'n Salad Wrap" for your customers on the go. Create real eye appeal at your carving station with a glazed ham, or spoon warm maple apple salsa over ham slices, served with a baked sweet potato on the side.

### Benefits of Using This Product

- Water Added; Hickory Smoked; Fully Cooked; Boneless

### Packaging and Storage

Store and use per package instructions.

### Allergens

FREE FROM:  
 Eggs or Egg Derivatives, Soybeans or Soybean Derivatives