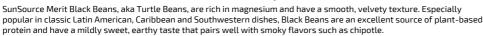


Furmano Foods Inc.

1067877356 - **Beans Black Fancy**







* Benefits

SunSource Merit Black Beans are high in fiber, iron-rich, and gluten free. Adding appeal to any meal at any time of the day, SunSource Merit shelf-stable Black Beans are a convenient and versatile ingredient that pack a nutritional punch. SunSource Merit Black Beans meet or exceed USDA Fancy Grade A specifications.

Ingredients	A Allergens
Black Beans, Water, Salt, Calcium Chloride, Ferrous Gluconate	Free From: Shellfish eggs fish dairy peanuts sesame soy tree nuts wheat

Nutrition Facts

Serving Size: 130 Grams **Number of Servings per** 144

Number of Se	rvings per	144			
Amount Per S	erving				
Calories: 110	ı	Calories fr	om Fat:)	
			% Dai	ly Value*	
Total Fat 0 g				0%	
Saturated I	at 0 g			0%	
Trans Fat	0 g				
Cholesterol	0 mg			0%	
Sodium 140	mg			6%	
Total Carbohy	drate 20 g			7%	
Dietary Fib	er 5 g			18%	
Sugars 1			0%		
Protein 7 g				%	
	Per Srv			Per Srv	
Vitamin A	0%	Vi	tamin C	0%	
Calcium	4%	Iro	on	10%	
*Percent DailyVa values may be h					
	Calori	es 2,000	2,	500	
Total Fat	Less	han			
Sat. Fat	Less	han			
Cholesterol	Less	han			
Sodium	Less	han			
Total Carbohydrate					
Dietary F	iber				
Calories per gran	1				
Fat	Carbohy	drate		Protein	

Handling Suggestions

Store at ambient temperature. Avoid freezing or prolonged storage above 90° F and below 40° F. After opening transfer into covered plastic storage container and refrigerate; best if used within 10 days.

Serving Suggestions

SunSource Merit Black Beans can be used as an ingredient in soups, stews, sauces, salsas, or salads. You can also stretch ground beef filling in tacos or use them as a burrito filling.

Prep & Cooking Suggestions

Ready to serve or use according to recipe.



Product Specifications

Brand		Manufacturer		Product Category	
SunSource Merit		Furmano Foods Inc.		Beans, Canned, Ref, Frozen	
MFG #	SPC#	SPC # GTIN Pack		(Pack Desc.
105949	1067877356	10018687000593	6		6/#10 cans
				_	

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
47 lb	41.25 lb	No	USA	Yes	

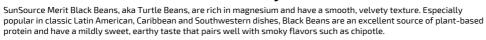
Shipping Information							
	Length	Width	Height	Volume	TixHi	Shelf Life	Storage Temp From/To
	18.81 in	12.63 in	7.25 in	1 ft3	8x7	1260 DAYS	40°F / 85°F





Furmano Foods Inc.

1067877356 - **Beans Black Fancy**





Nutrition Analysis

Calories	110 kcal	Total Fat	0 g	Sodium	140 mg
Protein	7 g	Trans Fats	0 g	Calcium	42 mg
Total Carbohydrates•••	20 g	Saturated Fat	0 g	Iron	2 mg
Sugars	1 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol•	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images









