



Continental Mills, Inc.

3035 - Kr Pro Belgian Waffle Mix

From sweet to savory signature menu items, our Krusteaz Professional Belgian Waffle Mix has you covered with our consistent texture and flavor. It is the perfect choice for traditional waffles or as a unique option for sandwiches or desserts.



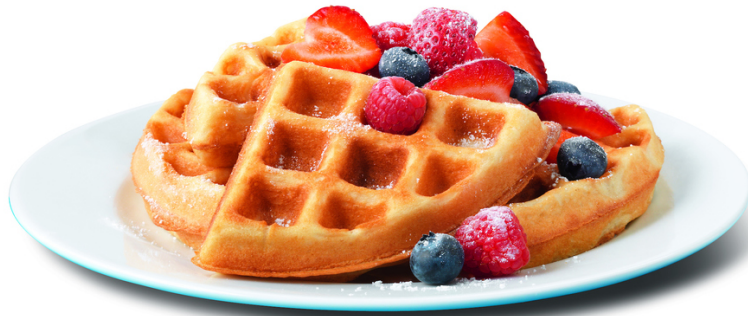
Nutrition Facts

Servings per Container 25
Serving size 3/4cupdrymix (89g)

Amount per serving
Calories 350

	% Daily Value*
Total Fat 9g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 910mg	40%
Total Carbohydrate 60g	22%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 13g Added Sugar	26%
Protein 6g	
Vitamin D 0.1µg	1%
Calcium 150mg	12%
Iron 2.9mg	16%
Potassium 90mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



* Benefits

Product is Add Water Only and perfect for adding ingredients to create signature menu offerings

Ingredients

Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm and soybean oil, rice flour. Less than 2% of: baking soda, dextrose, egg whites, monocalcium phosphate, salt, sodium aluminum phosphate, wheat protein isolate, whey (milk protein).

Allergens

Contains:

eggs milk wheat

May Contain:

soy

Handling Suggestions

Store in a cool, dry place.

Serving Suggestions

Belgian Waffle Full Batch: 6.5 oz (2, #8 scoops) of batter yields 25, 7-inch waffles.
Waffle Full Batch: 3.75 oz (#8 scoop) batter yields 42, 7-inch waffles.

Prep & Cooking Suggestions

FULL BATCH
5 lb (full box) Mix
80 oz (10 cups) Cool Water

HALF BATCH
2 1/2 lb (8 1/2 cups) Mix
40 oz (5 cups) Cool Water

1. Blend mix and water together using a wire whisk, adding water gradually.
2. Pour batter onto preheated and lightly greased 7-inch waffle iron; close lid. Wait 10 seconds and turn over.
3. Cook waffles until steaming stops, about 3-5 minutes.

MACHINE MIXING: Place water in mixer bowl; add mix. Using a wire whip, mix on low speed 1 minute. Scrape bowl. Continue to mix on low speed 1 minute. Follow steps 2 and 3 above.

HIGH ALTITUDE: No adjustment necessary.

Product Specifications

Brand	Manufacturer	Product Category
Krusteaz	CONTINENTAL MILLS INC.	Pancake & Waffle Mix

MFG #	SPC #	GTIN	Pack	Pack Desc.
731-0360	3035	10041449102020		6/5 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
33lb	30lb	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.44in	9.56in	11.25in	0.96ft3	12x4	546DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	350kcal	Total Fat	9g	Sodium	910mg
Protein	6g	Trans Fats	0g	Calcium	150mg
Total Carbohydrates...	60g	Saturated Fat	3g	Iron	2.9mg
Sugars	14g	Added Sugars	13g	Potassium	90mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0.1µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

