

# California<sup>®</sup> Healthy Harvest

PREMIUM QUALITY



## WHOLE KERNEL CORN

NET WT. 15.25 OZ. (432g)

### Nutrition Facts

3.5 servings per container  
Serving size 1/2 cup (125g)

Amount per serving

**Calories 60**

% Daily Value\*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 320mg 14%

Total Carbohydrate 13g 5%

Dietary Fiber 2g 7%

Total Sugars 7g

Includes 0g Added Sugars 0%

Protein 1g

Vit. D 0mcg 0% • Calcium 14mg 2%

Iron 0.4mg 2% • Potas. 181mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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INGREDIENTS:  
CORN, WATER,  
AND SEA SALT.

DISTRIBUTED BY  
BUONA FORTUNA FOODS, LLC.  
MODESTO, CALIFORNIA 95358

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UNLESS STATED,  
CONTENTS MAY NOT BE  
PACKED IN CALIFORNIA.

*Prov. 3.6*

