



Quaker

3299 - Qom Qko Reg 42 Z/12

QUAKER Quick Oats deliver the great taste and quality of QUAKER Oats in a convenient fast cooking formulation. Sold in a convenient resealable 42 OZ container. It's a great choice if you serve a limited number of oatmeal servings and want to prepare each individually. Cooks in just one minute. Package is not labeled for consumer sale.



Nutrition Facts

Servings per Container 30
Serving size 1/2cupdry(40g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0µg	0%
Calcium 20mg	2%
Iron 1.5mg	8%
Potassium 150mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

QUAKER Quick Oats deliver the great taste and quality of QUAKER Oats in a convenient fast cooking formulation. Sold in a convenient resealable 42 OZ container. It's a great choice if you serve a limited number of oatmeal servings and want to prepare each individually. Cooks in just one minute. Package is not labeled for consumer sale.

Ingredients

INGREDIENTS: CARAMEL FLAVORED COATING (GLUCOSE, SUGAR, PALM OIL, NONFAT MILK, GLYCERIN, BUTTER [CREAM, SALT], CORN STARCH, WHEY, SALT, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN), GRANOLA (WHOLE GRAIN ROLLED OATS, BROWN SUGAR, BROWN RICE CRISP [WHOLE GRAIN BROWN RICE FLOUR, SUGAR, SALT], WHOLE GRAIN ROLLED WHEAT, SOYBEAN OIL, WHOLE WHEAT FLOUR, SODIUM BICARBONATE, SOY LECITHIN, NONFAT DRY MILK), SUGAR, HYDROGENATED VEGETABLE OIL BLEND (PALM KERNEL AND PALM OIL), BROWN RICE CRISP (WHOLE GRAIN BROWN RICE FLOUR, SUGAR, SALT), GLUCOSE, PEANUTS, WHEY, INVERT SUGAR, BROWN SUGAR, CORN SYRUP SOLIDS, LACTOSE, GLYCERIN, COCOA POWDER, VEGETABLE SHORTENING (MONOUNSATURATED CANOLA OIL, PALM OIL, PALM KERNEL OIL), COCOA (PROCESSED WITH ALKALI), SORBITOL, SOY LECITHIN, MILK FAT, SALT, GLYCERYL LACTO ESTERS OF FATTY ACIDS, WATER, NATURAL AND ARTIFICIAL FLAVOR, SOYBEAN OIL, BHT (PRESERVATIVE), CITRIC ACID.

⚠ Allergens

Handling Suggestions

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

Serving Suggestions

Quaker Oats are a very versatile product. They can be topped with either sweet or savory toppings to create a unique breakfast item. They also can be prepared "refrigerator style" to create a unique breakfast bar item

Prep & Cooking Suggestions

32 Servings: 2 lb, 10 oz. (full tube) oats, 1 gal + 3 qtr. water, 1 tablespoon salt (optional); 17 Servings: 1 lb, 8 oz. (2 qtr.) oats, 1 gal water, 2 teaspoons salt (optional); 8 Servings: 12 oz. (1 qtr.) oats, 2 qtr. water, 1 teaspoon salt (optional); 2 Servings: 3 oz. (1 cup) oats, 2 cups water, 1 dash salt (optional) Direct Heat Method: In heavy saucepan, stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 1 to 2 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 1 hour. Stir before serving. Steam-jacketed Kettle Method: Stir oats into briskly boiling salted water. Return to boil, reduce heat. Simmer 1 to 2 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 30 minutes. Stir before serving.

✍ Product Specifications

Brand	Manufacturer	Product Category
Quaker	Quaker Food and Beverage	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
10030000432850	3299	10030000432850		12/42 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
35.2lb	31.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20.8in	16in	10.2in	1.96ft3	6x5	540DAYS	35°F / 85°F



Quaker

3299 - Qom Qko Reg 42 Z/12

QUAKER Quick Oats deliver the great taste and quality of QUAKER Oats in a convenient fast cooking formulation. Sold in a convenient reseal able 42 OZ container. It's a great choice if you serve a limited number of oatmeal servings and want to prepare each individually. Cooks in just one minute. Package is not labeled for consumer sale.



Nutrition Analysis - By Serving

Calories	150kcal	Total Fat	3g	Sodium	0mg
Protein	5g	Trans Fats	0g	Calcium	20mg
Total Carbohydrates***	27g	Saturated Fat	0.5g	Iron	1.5mg
Sugars	1g	Added Sugars	0g	Potassium	150mg
Dietary Fiber	4g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	1g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0µg	Thiamin	0.2mg
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium	40mg	Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

