

PRODUCT

SEVEN GRAIN PANCAKE & BAKING MIX #901

FOOD GRADE

This product shall be of food grade and in all respects, including labeling, in compliance with the Federal Food, Drug, and Cosmetic Act of 1939 as amended and all applicable regulations thereunder.

DESCRIPTION

This fine product was developed to yield high quality 7-grain pancakes, waffles, muffins, scones or bread with the simplest preparation possible. This product is made with all natural almonds, walnuts and granola along with Wheat, Corn, Barley, Rye, Oats, Rice, and Buckwheat grains. This product shall be free of rancid, bitter, musty or other undesirable flavors or odors. The product shall be free of all types of foreign material as can be achieved through Good Manufacturing Practices.

CONTAINER

6/5 lb. case

PREPARATION

For 5 lb. of 7-grain hotcake mix, use 80 - 100 oz. cold water. For pancakes, add required amount of water only. Additional eggs and oil may be required to make waffles, scones, breads, muffins or biscuits. Cooking times and temperatures may vary depending on kitchen conditions.

YIELD

Approx. 100 - 3" pancakes per 5 lb. of mix.

INGREDIENTS

Bleached **Wheat** Flour (enriched with niacin, iron, thiamine mononitrate, riboflavin, malted barley, folic acid), Granola (contains whole wheat, rye, oats, barley, sun flower, molasses, coconut, **almonds**, sesame seeds, cashews, **walnuts**, honey, salt, natural flavor, cardamom seeds, fennel seed, fenugreek seed, nutmeg), Brown Sugar, Graham Flour, Soybean Oil, Leavening (sodium bicarbonate, sodium aluminum phosphate & monocalcium Phosphate), Corn Flour, Dextrose, Pearled Barley, White **Wheat** Grain, Winter **Wheat** Whole Grain, Whole Grain Rye, Rolled Oats, Rice Flour, Buckwheat Flour, Salt, Mono & diglycerides, **Buttermilk**, Calcium Silicate (anti-caking agent), Sugar, Artificial Flavor. **ALLERGEN WARNING: Contains Wheat, Tree Nuts, Milk**

**NUTRITION
(Dry Mix Only)**

Nutrition Facts	
Serving size	1/2 Cup of Mix (57g)
Amount per serving	
Calories	220
<small>% Daily Value*</small>	
Total Fat 6g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 38g	14%
Dietary Fiber 0g	1%
Total Sugars 8g	
Includes 6g Added Sugars	11%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 88mg	6%
Iron 1mg	4%
Potassium 62mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.