



## Nutrition

Serving Size: 3 tbsp (50g)  
Servings per container about 145  
Calories: 100

	Amount per serving	% Daily Values
Total Fat	10g	13%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	3g	1%
Dietary Fiber	3g	12%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.5mg	2%
Potassium	280mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## Ingredients

HASS AVOCADO.



# Simplot Harvest Fresh™ Avocados - Hand-Scooped Avocado Chunks, Fresh

Inspire more passion in your customers with Simplot Harvest Fresh™ Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. This chilled extra chunky avocado pulp boasts back of house flavor and texture. Use as a delicious, time-saving base for your own signature recipes.

## Product Specification

SKU	10071179048329
Pack	8/2lb
Brand	Simplot Harvest Fresh™ Avocados
Gross Weight	18lb
Net Weight	16lb
Country of Manufacture	MX
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	N
Gluten Free	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

## Shipping Information

Length	14.125 in
Width	9.375 in
Height	7.75 in
Case Cube	0.594
TixHi	12X8
Shelf Life	42 Days
Storage Temp From/To	33FA / 39FA

## Benefits

- It's fresh avocado, just faster—pure chunks of Hass avocado, fresh, never frozen
- Large chunk for back of house flavor and texture
- Get consistent pricing, quality and availability all year
- Elevate your menu and check average
- High-Pressure Processed (HPP) for food safety without preservatives
- 100% avocado, Vegan, Halal Certified, and Kosher

## Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

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