



Nutrition

Serving Size: 2/3 cup (85g)
Servings per container about 78
Calories: 40

	Amount per serving	% Daily Values
Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	210mg	9%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	0.5mg	2%
Potassium	170mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

YELLOW SQUASH, ZUCCHINI, CARROTS, GREEN BEANS, ONION, RED BELL PEPPER, GREEN BELL PEPPER, YELLOW BELL PEPPER, CONTAINS LESS THAN 2% OF DEHYDRATED VEGETABLES (TOMATO, ONION, GARLIC, RED BELL PEPPER, CARROT), FOOD STARCH-MODIFIED, MALTODEXTRIN, OLIVE OIL, SALT, SPICES, YEAST EXTRACT.



Simplot RoastWorks® - RTE Roasted Mediterranean Vegetable Blend

RoastWorks® Roasted Vegetables take the labor and waste out of serving popular roasted items. This eye-catching blend of flame-roasted yellow squash, zucchini, carrots, green bean, onion, red, green and yellow bell peppers is tossed in a savory Mediterranean seasoning. The perfect time-saver!

Product Specification

SKU	10071179757603
Pack	6/2.5lb
Brand	Simplot RoastWorks®
Gross Weight	16.25lb
Net Weight	15lb
Country of Manufacture	US
Halal	Y
Kosher	N
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	Y
Low Sodium	N
Zero Grams Trans Fat	N

Shipping Information

Length	13.375 in
Width	12 in
Height	7.125 in
Case Cube	0.662
TixHi	12X9
Shelf Life	547 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Thaw and serve eliminates the need to cook and chill
- 6-day refrigerated shelf life minimizes food waste
- Eliminates time-consuming washing, cutting and peeling
- Cut from premium vegetables at the peak of maturity
- Colorful presentations add Mediterranean flare to any plate
- Part of the best-selling line of roasted vegetables in foodservice

Serving Suggestions

Chicken with a vegetable side becomes Flame-Roasted Mediterranean Chicken. Mediterranean focaccia sandwich, Dahi Murghi, Mediterranean strudel, Mediterranean orzo salad, Mediterranean lasagna, Tuscan couscous, Roasted vegetable frittata.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE
THAW AND SERVE Thaw unopened package no more than six days at 40°F.

STOVE TOP (optional) Heat 1 Tbsp oil in a large skillet on MED-HIGH heat. Sauté ½ bag of vegetables in a single layer for 10-12 minutes, stirring frequently.

FLAT TOP GRILL (optional) Heat 2 Tbsp oil. Cook a single layer of vegetables for 6-8 minutes at 375°F, turning as needed.