

36253 - Duck Leg Quarters, Layer Packed, Frozen



		<b>Nutrition Facts</b>				
		Serving size	4 OZ			
T.		Amount per serving Calories	330			
	% Daily Value*					
		Total Fat 29g	%			
and and the	Saturated Fat 8g	40%				
	Trans Fat 0.5g					
	Cholesterol 85mg	28%				
		Sodium 85mg	3%			
<b>★</b> Benefits		Total Carbohydrate 0g	0%			
		Dietary Fiber	%			
easy to roast frozen		Total Sugars 0g				
		Includes Added Sugars	%			
		Protein 16g				
Ingredients	🛕 Allergens	Vitamin D	%			
		Calcium 5.6mg	0%			
No Ingredients listed - Single	Free From:	Iron 1.04mg	5%			
Ingredient item, exempt from ingredient declaration (9CFR		Potassium	%			
381.118)	Speanuts 💮 sesame 🕲 soy 💮 tree nuts	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

#### Handling Suggestions

Boneless legs are layer packed in polylined corrugated, 4 layers of 6 leg quarters. Storage Information: Keep Frozen, O degrees F or below

Serving Suggestions

Grill, bake or confit the duck legs for a special treat! Serve as the main entrée or as an ingredient in your favorite recipe.

### Prep & Cooking Suggestions

Cooking Instructions: Conventional Oven: If frozen, defrost in refrigerator overnight. Season legs with salt, garlic powder, and black pepper. Bake in a 350 degrees F preheated oven for 1 1/2 hours. For enhanced moistness, bake covered; for crisp skin, bake uncovered. (Internal temperature should be 180 degrees F when cooked)

# Product Specifications

Brand		Manufacturer				Product Category			
Maple Leaf Farms		MAPLE LEAF FARMS		/IS <sup>Wi</sup>	Wild Game & Specialty Meats, Other				
MFG #	ł	SPC #	GTIN Pack		Pack	Pack Desc.			
9990051	00	36253	90073981307201		24		24/14 oz		
Gross W	eight	Net Weig	ght	Countr	y of C	Drigin	n Kos	her	Child Nutrition
20.37	LB	19.37	LB		US		N	0	No
Shipping Information									
Length	Width	n Heigh	it	Volume	Tlx	HI	Shelf Life	Stora	ge Temp From/To
19.5 in	9.25 i	n 5 in		0.52 cf	10×	10	730 days	ò	0°f / 0°f







### **Nutrition Analysis**

Calories	330	Total Fat	29 g	Sodium	85 mg
Protein	16	Trans Fats	0.5 g	Calcium	5.6 mg
Total Carbohydrates…	0 g	Saturated Fat	8 g	Iron	1.04 mg
Sugars	0 g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	85 mg		
Vitamin A(IU)•	256.48	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## O Additional Images



