



Item #: D0073

## Lamb's Seasoned® Twister® Fries Skin-On Original Recipe

Brand: Lamb's Seasoned®

Cut Size: 1/4" Twist

Package Size: 6/5#

From mild to wild, Lamb's Seasoned® offers a wide range of flavors for quick and convenient pre-seasoned options. The fun, curly skin-on shape delivers uniqueness and excellent plate coverage

### Ingredients

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium DihydrogenPyrophosphate, Sodium Bicarbonate), Dried Yeast, Oleoresin Paprika, Dextrose. CONTAINS: WHEAT

Grade: A

Kosher: No

### NUTRITION

**Serving size:** 3/4 Cup (84g)  
**Servings per container:** About 160  
**Calories [per serving]:** 160

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	8.0g	10%
Saturated Fat	2.0g	10%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	420.0mg	18%
Total Carbohydrate	20.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	1.08mg	6%
Potassium	260.0mg	4%

### COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 11 min	400°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

## COOKING METHODS

Deep Fry	2 3/4 - 3 1/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.
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## SHIPPING AND STORAGE

### Shipping Information

Net Weight	30 lb
Gross Weight	32 lb
Count Per Pound	N/A
Case Cube	1.49
Ti/Hi	7,9

### Product Information

Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.