



King & Prince Seafood Corp.

3691 - Mrsf Tavern Bat Cod Fillets, 2 3 Oz

Our special blend of natural hops and genuine brewer's yeast creates a light and crispy batter with a hand-dipped appearance and pub flavor that enhanced the natural taste, juiciness and texture of fish fillets. Perfect for fish & chips, fish tacos, buffets, appetizer platters.



* Benefits

Nutrition Facts

Serving size	2.5 Ounce
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 290mg	12%
Total Carbohydrate 7g	2%
Dietary Fiber 0.5g	1%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mg	0%
Calcium 15mg	1%
Iron 0.5mg	2%
Potassium 170mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

COD, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COTTONSEED OIL, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SALT, GARLIC POWDER, LEAVENING (CORN STARCH, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), RICE FLOUR, WHEY, COTTONSEED AND/OR SOYBEAN OIL, CARAMEL COLOR, CORN SYRUP, NATURAL FLAVOR, SPICES, SUGAR, XANTHAN GUM, YELLOW 5, YELLOW 6.
CONTAINS: FISH (COD), WHEAT, MILK.

Allergens

Contains:



Free From:



Handling Suggestions

Keep Frozen

Serving Suggestions

• Fish & chips
• Sandwiches and wraps
• Fish tacos
• Fish baskets

Prep & Cooking Suggestions

Keep frozen until ready to use. Do not refreeze. Appliances may vary. Cook to an internal temperature of 165°F. Deep Fryer: Heat oil to 350°F. Add product, shaking baskets occasionally to prevent from adhering. Fry for approximately 5½ to 6 minutes or until golden brown. Convection Oven: Preheat 375°F. Place product on baking sheet and cook for approximately 12 to 14 minutes or until product is crisp.

Product Specifications

Brand	Manufacturer	Product Category
Mrs. Friday's	King & Prince Seafood	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
070053	3691	00070017700538	4	4/2.5 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11 lb	10 lb	USA	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.83 in	9.83 in	6.1 in	0.55 ft3	12x7	455 DAYS	-10°F / 0°F



King & Prince Seafood Corp.

3691 - Mrsf Tavern Bat Cod Fillets, 2 3 Oz

Our special blend of natural hops and genuine brewer's yeast creates a light and crispy batter with a hand-dipped appearance and pub flavor that enhanced the natural taste, juiciness and texture of fish fillets. Perfect for fish & chips, fish tacos, buffets, appetizer platters.



Nutrition Analysis

Calories	90 kcal	Total Fat	2.5 g	Sodium	290 mg
Protein	9	Trans Fats	0 g	Calcium	15 mg
Total Carbohydrates...	7 g	Saturated Fat	0.5 g	Iron	0.5 mg
Sugars	0 g	Added Sugars	0 g	Potassium	170 mg
Dietary Fiber	0.5 g	Polyunsaturated Fat	1 g	Zinc	0.23 mg
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	25 mg		
Vitamin A(IU)	0 NIU	Vitamin D	0 mg	Thiamin	0.09 mg
Vitamin A(RE)		Vitamin E		Niacin	0.72 mg
Vitamin C	0 mg	Folate	4.11 µg	Riboflavin	0.09 mg
Magnesium	14.22 mg	Vitamin B-6	0.23 mg	Vitamin B-12	0.53 µg
Monosodium		Sulphites		Nitrates	

Additional Images

