



Del Real Foods, LLC

3779 - Tamale, Beef Ckd

Easy to Prepare, Always Consistent Authentic Flavors & Textures Great
Homemade Flavors, Clean Labels, No MSG, 0 Trans Fat, Gluten Free



Nutrition Facts

Servings per Container **4**
Serving size **1tamale (142g)**

Amount per serving
Calories 250

	% Daily Value*
Total Fat 15g	19%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 520mg	23%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 10g	
Vitamin D 0µg	0%
Calcium 9mg	1%
Iron 1mg	6%
Potassium 77mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Masa: Whole Cooked Corn (Corn treated with lime water), Lard, Rice flour, Salt]. Filling: [Beef, Chile Sauce (Water, Red chile peppers), Water, Contains 2% or less of the following: Jalapeno peppers (Jalapeno pepper, Water, Vinegar, Salt), Corn (Corn treated with lime water), Salt, Seasoning (Paprika, Chili Pepper, Red Pepper, Garlic, Salt, Spice)].

Allergens

Free From:



Handling Suggestions

Storage: keep product refrigerated (32-40 F). Shelf Life: 50 days. Frozen: 6 months

Serving Suggestions

1 tamale

Prep & Cooking Suggestions

eating Methods: various heat & serve methods can be used for this product including microwave, heat in pot with water and convectional oven.

Product Specifications

Brand	Manufacturer	Product Category
Del Real Foods	Del Real Foods, LLC	Beef

MFG #	SPC #	GTIN	Pack	Pack Desc.
123	3779	10829793001233	48	48 / 5.0 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.5lb	15lb	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.3in	10.3in	8.6in	0.73ft3	11x5	55DAYS	32°F / 40°F



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Nutrition Analysis - By Serving

Calories	250kcal	Total Fat	15g	Sodium	520mg
Protein	10g	Trans Fats	0g	Calcium	9mg
Total Carbohydrates...	22g	Saturated Fat	6g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	77mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)	1670NIU	Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	1mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

