

# 16763MFY - Essential High Performance Frying Oil 35#

MEL-FRY Essential High Performance Frying Oil delivers the long-lasting performance you expect in a premium oil blend. A perfect "entry point" to premium oils, it can achieve 25-50% greater fry life than traditional vegetable oil, resulting in lower true oil cost and more consistent food quality.

Brand: Mel-Fry® Essential



## Nutrition Facts

Serving Size 1.00 TBSP (14g)  
Servings Per Container 1134

### Amount Per Serving

**Calories 120** **Calories from Fat 120**

**% Daily Value\***

<b>Total Fat</b> 14 g	22%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Monounsaturat Fat 5 g	
Polyunsaturat Fat 6 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 0 mg	0%
<b>Potassium</b> 0 mg	0%
<b>Total Carbohydrate</b> 0 g	0%
Dietary Fiber 0 g	0%
Sugars 0 g	
<b>Protein</b> 0 g	

Vitamin A 0 %	•	Vitamin C 0 mg
Calcium 0 %	•	Iron 0 %
Biotin 0 %	•	Copper 0 %
Folate 0 %	•	Magnesium 0 %
Niacin 0 %	•	Panto Acid 0 %
Phosphorous 0 %	•	Riboflavin 0 %
Selenium 0 %	•	Thiamin 0 %
Vitamin B6 0 %	•	Vitamin B12 0 %
Vitamin D 0 %	•	Vitamin E 0 %
VitaminK 0 %	•	Zinc 0 %

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Ingredients

Cottonseed Oil, Canola Oil, Tbhq And Citric Acid Added To Protect Flavor, Dimethylpolysiloxane, An Anti-Foaming Agent Added.

## Case Specifications

<b>GTIN</b>	00026700148798	<b>Case Gross Weight</b>	36.70 LB
<b>UPC</b>		<b>Case Net Weight</b>	35 LB
<b>Pack Size</b>	1 / 35LB	<b>Case L,W,H</b>	9.50 IN, 9.50 IN, 15.50 IN
<b>Shelf Life</b>	365 Days	<b>Cube</b>	0.81 CF
<b>Tie x High</b>	20 x 3		

## Preparation and Cooking

Ready to use.

## Serving Suggestions

Try our Mel-Fry Essential High Performance Frying Oil for baking, grilling, sautéing and frying. Get even cooking and a high smoke point with Mel-Fry.

## Packaging and Storage

Ship and store at 60 - 80 F.

## Allergens

FREE FROM:

Celery or Celery Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Molluscs or Mollusc Derivatives, Mustard or Mustard Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives, Crustaceans or Crustacean Derivatives

## Barcodes

Case Barcode



00026700148798

Each Barcode



0 26700 14879 8

**Nutritional Claims:** Kosher