



Dot Foods Inc.

41690 - Pineapple Chk Mg3 1/20# lqf

Frozen DOLE® Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.



Nutrition Facts

Serving size	140
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 18g	
Includes	Added Sugars %
Protein 1g	
Vitamin D	%
Calcium 0mg	0%
Iron 0.36mg	2%
Potassium 190mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

- High Quality Fruit
 - Trusted Brand Name
 - Washed, Prepped & Ready-to-Use
 - 100% Usable Fruit, Zero Product Waste
- kosher

Ingredients

PINEAPPLE

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- dairy
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep frozen. Store at 0F or below at all times.

Serving Suggestions

"Pineapple chunks are ideal for salads, stir-fry, desserts and beverages."

Prep & Cooking Suggestions

Ready to Eat, Thaw

📝 Product Specifications

Brand		Manufacturer		Product Category		
DOLE		DOLE PACKAGED		Fruit, Other, Canned or Frozen		
MFG #	SPC #	GTIN	Pack	Pack Desc.		
28518	41690	10071202285189	1	1/20 lbs		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
22 lb	20 lb	USA	Yes			
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.99 in	11.46 in	7.18 in	0.76 ft3	10x9	730 DAYS	-10°F / 0°F



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Nutrition Analysis

Calories	100 kcal	Total Fat	0 g	Sodium	0 mg
Protein	1	Trans Fats	0 g	Calcium	0 mg
Total Carbohydrates...	22 g	Saturated Fat	0 g	Iron	0.36 mg
Sugars	18 g	Added Sugars		Potassium	190 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)•	0 NIU	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	156 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

