



King & Prince Seafood Corp.
42675 - Mrsf Brd Italian Calamari Ringers,

Our "try it and you'll love it" calamari are tenderized and coated with seasoned breadcrumbs to deliver unmatched flavor in a crunchy, tender bite. Its back-of-the-house, hand-breaded look adds appeal for guests and operators alike. An increasingly popular and versatile treat, Mrs. Friday's® calamari ringers adds distinction...



Nutrition Facts

Serving size	4 Ounce
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 750mg	32%
Total Carbohydrate 32g	11%
Dietary Fiber 0.5g	1%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mg	0%
Calcium 20mg	1%
Iron 2mg	11%
Potassium 170mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

CALAMARI, WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED CORN STARCH, CORN FLOUR, SALT, DEXTROSE, WHEAT GLUTEN, GARLIC POWDER, SPICES, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SUNFLOWER OIL, YEAST, GUAR GUM, PAPRIKA EXTRACT, PARSELY, PALM OIL, PAPRIKA EXTRACT, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM CARBONATE, SODIUM PHOSPHATE.
CONTAINS: WHEAT, SOY.

Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish dairy
peanuts sesame tree nuts

Handling Suggestions

Keep Frozen

Serving Suggestions

Flavorful appetizers or hors d'oeuvres
Salads or bruschetta
Seafood platters
Banquets and catering
Tapas plates

Prep & Cooking Suggestions

Keep frozen until ready to use. Do not refreeze.
Cook to an internal temperature of 165°F. Appliances may vary.
DEEP FRYER: Heat oil to 350°F. Add calamari shaking basket occasionally to prevent from adhering. Fry approximately 1 minute or until golden brown.

Product Specifications

Brand		Manufacturer		Product Category		
Mrs. Friday's		King & Prince Seafood		Shellfish, Other		
MFG #	SPC #	GTIN	Pack	Pack Desc.		
041210	42675	10070017412100	6	6/2 lbs		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
14.51 lb	12 lb	CHN	No			
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.6 in	12.25 in	11.1 in	1985.24	12x4	540 DAYS	-10°F / 0°F



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Nutrition Analysis

Calories	200 kcal	Total Fat	2 g	Sodium	750 mg
Protein	13	Trans Fats	0 g	Calcium	20 mg
Total Carbohydrates...	32 g	Saturated Fat	0 g	Iron	2 mg
Sugars	1 g	Added Sugars	0 g	Potassium	170 mg
Dietary Fiber	0.5 g	Polyunsaturated Fat	0 g	Zinc	0 mg
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	130 mg		
Vitamin A(IU)•	0 NIU	Vitamin D	0 mg	Thiamin	0 mg
Vitamin A(RE)		Vitamin E		Niacin	0 mg
Vitamin C	0 mg	Folate	0 µg	Riboflavin	0 mg
Magnesium	0 mg	Vitamin B-6	0 mg	Vitamin B-1 2•	0 µg
Monosodium		Sulphites		Nitrates	

Additional Images

