



American Roland Food Corp.

44999 - Marinated Artichoke Hearts

Roland Marinated Artichokes are delicious, low in cost and very distinctive. They are perfect for the health conscious as they are low in calories. They have a fresh flavor, an appetizing color and distinct eye appeal.



* Benefits

Ingredients

Artichoke Hearts, Water, Sunflower Oil, Can Vinegar, Salt, Spices, Citric Acid and/or Ascorbic Acid.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 228
Serving size 2pcs (30g)

Amount per serving
Calories 15

% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0µg	0%
Calcium 7.8mg	1%
Iron 0.3mg	2%
Potassium 82mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Refrigerate after opening.

Serving Suggestions

Use Roland Marinated Artichoke Hearts in salads, appetizers, antipasto, pizza and dips. They go well with a variety of main and side dishes and maybe served hot or cold.

Prep & Cooking Suggestions

Use Roland Marinated Artichokes at room temperature.

📄 Product Specifications

Brand		Manufacturer			Product Category	
Roland		American Roland Food Corp.			Vegetables, Canned & Frozen	
MFG #		SPC #	GTIN		Pack	Pack Desc.
40858		44999	10041224408583			6/67 oz
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
36lb		25.5lb	ESP		No	No
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15in	10.25in	8.5in	0.76ft3	11x6	1440DAYS	40°F / 75°F



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Nutrition Analysis - By Serving

Calories	15kcal	Total Fat	1g	Sodium	85mg
Protein	1g	Trans Fats	0g	Calcium	7.8mg
Total Carbohydrates...	2g	Saturated Fat	0g	Iron	0.3mg
Sugars	1g	Added Sugars	0g	Potassium	82mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

