

## Gardein Gar Bf Less Tips 160 Z

Meatless, well done! Gardein is 100% plant-protein, Certified Vegan, Non-GMO Project Verified. Beefless tips deliver the taste and texture of traditional meat, with no cholesterol and less saturated fat. Gardein products are an easy swap for animal proteins, accept a wide variety of sauces, and can be prepared like traditiona...



		Nutrition Fa	cts				
		Servings per Container 45 Serving size 100(100g)					
		Amount per serving Calories 16					
			aily Value* 9%				
		Total Fat 7g   Saturated Fat 0.5g	2%				
		Trans Fat 0g	270				
		<b>U</b>					
		Sodium 400mg	0% 17%				
* Benefits		Total Carbohydrate 8g	2%				
		Dietary Fiber 0g	0%				
		Total Sugars 1g					
		Includes Added Sugars	%				
Ingradiants		Protein 16g					
Ingredients	Allergens						
INGREDIENTS: WATER, VITAL WHEAT	Contains:	Vitamin D	0%				
GLUTEN, SOY PROTEIN ISOLATE,	Soy () wheat	Calcium 30mg	2%				
CANOLA OIL, ONIONS, YEAST EXTRACT, METHYLCELLULOSE, MALT EXTRACT	(a) soy (b) wheat	Iron	10%				
(MALTED BARLEY, WATER), ORGANIC WHITE DISTILLED VINEGAR, ONION		Potassium 70mg	1%				
POWDER, GARLIC POWDER, ORGANIC ANCIENT GRAIN FLOUR (KHORASAN WHEAT, AMARANTH, MILLET, QUINOA), CANE SUGAR, NATURAL FLAVORS, POTATO STARCH, SALT, ORGANIC CANE SUGAR, SPICES, SEA SALT, PEA PROTEIN.		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.					

# Handling Suggestions

Follow storage and usage instructions as printed on consumer packaging.

Serving Suggestions

Follow serving suggestions as printed on the packaging.

## Prep & Cooking Suggestions

Please follow preparation instructions as printed on the consumer packaging.

# Product Specifications

Brand		Manufacturer				Product Category					
Gardein		Conagra Brands Inc			าด	Bakery Mix & Ingredients, Other					
MFG #	•	SPC #		GTIN			Pack			Pack Desc.	
74267000	043		00874267000437 16		16	1/10 lbs		1/10 lbs			
Gross Weight Net Wei		ght Country of Origin		k	Kosher C		Child Nutrition				
10.6	lb	10lb			USA			Ye	5		
Shipping Information											
Length	Width	n Heigh	t V	/olume	Tlx	н	Shelf I	_ife	Stora	ge Temp From/To	
11.5in	8.86i	n 7.44i	n C	).44ft3	17:	x5	420D/	۹YS		0°F / 20°F	





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#### **Nutrition Analysis**

Calories	160kcal	Total Fat	7g	Sodium	400mg
Protein	16g	Trans Fats	Og	Calcium	30mg
Total Carbohydrates…	8g	Saturated Fat	0.5g	Iron	
Sugars	1g	Added Sugars		Potassium	70mg
Dietary Fiber	Og	Polyunsaturated Fat	2g	Zinc	
Lactose		Monounsaturated Fat	4g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images



