



Krusteaz

1067623632 - 1/24/2.29 Z Krstz Orig Blgn Wfl

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# Nutrition Facts

Servings per Container 24  
Serving size 1 Waffle (65g)

Amount per serving  
**Calories 220**

	% Daily Value*
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1.5g	<b>7%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>6%</b>
<b>Sodium</b> 410mg	<b>17%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 7g	
Includes Added Sugars	%
<b>Protein</b> 5g	
Vitamin D 0µg	<b>0%</b>
Calcium	<b>0%</b>
Iron	<b>8%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## \* Benefits

### Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), WHEY, VEGETABLE OIL (CANOLA AND/OR SOYBEAN OIL), SUGAR, EGGS, CONTAINS 2% OR LESS OF: SOY LECITHIN (EMULSIFIER), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SALT, NATURAL FLAVORS. \_x000D\_ \_x000D\_ CONTAINS: EGG, MILK, SOY, WHEAT.

### Allergens

#### Contains:

eggs dairy soy wheat

## Handling Suggestions

Follow storage and usage instructions as printed on consumer packaging.

## Serving Suggestions

Follow serving suggestions as printed on the packaging.

## Prep & Cooking Suggestions

Please follow preparation instructions as printed on the consumer packaging.

## Product Specifications

Brand	Manufacturer	Product Category
Krusteaz	Conagra Brands Inc	Pancakes, French Toast, & Waffles

MFG #	SPC #	GTIN	Pack	Pack Desc.
8615190401	1067623632	00686151904017	1	24/1.57 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.82lb	3.44lb	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.38in	9.38in	6.56in	0.33ft3	20x6	365DAYS	0°F / 20°F



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## Nutrition Analysis

Calories	220kcal	Total Fat	9g	Sodium	410mg
Protein	5g	Trans Fats	0g	Calcium	
Total Carbohydrates...	29g	Saturated Fat	1.5g	Iron	
Sugars	7g	Added Sugars		Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	3g	Zinc	
Lactose		Monounsaturated Fat	2g	Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

