



Brakebush Brothers

56789 - Gns Tenderloins

5469 Fully Cooked Medium Boneless Chicken Breast Tenderloins are breaded with our signature Gold'N'Spice® coating with flecks of black pepper and garlic notes for a robust flavor. Line flow.



Nutrition Facts

Servings per Container 45
Serving size 1 Piece (78g)

Amount per serving
Calories 170

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 5g | 6% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 30mg | 10% |
| Sodium 360mg | 15% |
| Total Carbohydrate 14g | 5% |
| Dietary Fiber 3g | 10% |
| Total Sugars 2g | |
| Includes 2g Added Sugars | 4% |
| Protein 14g | |
| Vitamin D 0µg | 0% |
| Calcium 0mg | 0% |
| Iron 1mg | 5% |
| Potassium 255mg | 5% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Fully cooked.

Ingredients

INGREDIENTS: CHICKEN BREAST TENDERLOINS, WATER, SODIUM PHOSPHATES, SALT. BREADED WITH ENRICHED BLEACHED WHEAT AND DURUM FLOURS (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED FOOD STARCH, SALT, GARLIC POWDER, SPICES, SOYBEAN OIL, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DEXTROSE, EXTRACTIVES OF PAPRIKA, CELLULOSE GUM (SODIUM CARBOXYMETHYLCELLULOSE), NATURAL FLAVOR, SODIUM ALGINATE.

Allergens

Contains:



Free From:



Handling Suggestions

Keep frozen

Serving Suggestions

Appetizers, entrees or salads.

Prep & Cooking Suggestions

PREPARATION: COOK TO A MINIMUM OF 165° F. FOR BEST RESULTS - DEEP FRY AT 350° F FOR 4-7 MIN. ALTERNATE METHOD - BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F FOR 15-25 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 20-30 MIN. MICROWAVE ON HIGH ABOUT 1-3 MIN. PER SERVING. TURNING ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

Product Specifications

| Brand | Manufacturer | Product Category |
|-----------|--------------------|--|
| Brakebush | Brakebush Brothers | Chicken Tenders, & Strips Processed (Whole Muscle) |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|-------|----------------|------|------------|
| 5469 | 56789 | 10038034546901 | 2 | 2/5 lbs |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 10.66lb | 10lb | USA | No | No |

| Shipping Information | | | | | | |
|----------------------|--------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 13.5in | 8.63in | 8.81in | 0.59ft3 | 16x8 | 545DAYS | 0°F / 0°F |



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Nutrition Analysis

| | | | | | |
|------------------------|---------|---------------------|------|--------------|-------|
| Calories | 170kcal | Total Fat | 5g | Sodium | 360mg |
| Protein | 14g | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates... | 14g | Saturated Fat | 1g | Iron | 1mg |
| Sugars | 2g | Added Sugars | 2g | Potassium | 255mg |
| Dietary Fiber | 3g | Polyunsaturated Fat | 3g | Zinc | |
| Lactose | | Monounsaturated Fat | 1g | Phosphorus | |
| Sucrose | | Cholesterol | 30mg | | |
| Vitamin A(IU) | 0µg | Vitamin D | 0µg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

