



A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 9  
Supersedes: 2.7.20

## Falafel Uncooked Fritters Product Specification

<b>Product Name:</b> Falafel Uncooked Fritters		<b>Product Code:</b> SA000011																																												
<b>External UPC:</b> 1-00-75365-00092-4		<b>Internal UPC:</b> 0-75365-00092-7																																												
<b>Case Packing:</b> 4 - 4lb bags	<b>Net Weight:</b> 16 lbs	<b>Shipping Weight:</b> 17 lbs																																												
<b>Case Cube:</b> .81		<b>Storage Temp:</b> Keep Frozen (10°F or below)																																												
<b>Approximate Portion Size:</b> 3 fritters (85 g)		<b>Approximate Portions Per Case:</b> 85																																												
<b>Case Dimensions:</b> <b>Length:</b> 16.94" <b>Width:</b> 11.06" <b>Height:</b> 7.50"	<b>Pallet Dimensions:</b> <b>Tie:</b> 9 <b>High:</b> 8 <b>Total Cases Per Pallet:</b> 72	<b>Physical Dimensions:</b> <b>Piece Weight:</b> 1oz (+/- 0.15 oz) <b>Piece Dimensions:</b> n/a																																												
<b>Kosher:</b> Yes	<b>Refrigerated Shelf Life:</b> N/A	<b>Frozen Shelf life:</b> 180 Days																																												
<b>Description:</b> Authentic Falafel recipe featuring chickpeas, parsley, onions, cilantro serrano peppers, garlic and spices. Falafel fritters feature a back-of-house appearance but without the labor. Just cook & serve. Vegan recipe and free of artificial colors, flavors and preservatives.																																														
<b>Ingredient Statement:</b>  INGREDIENTS: Water, Chickpeas, Parsley, Onions, Cilantro, Serrano Peppers, Garlic Puree (Garlic, Citric Acid and Ascorbic Acid), Contains 2% or less of: Salt, Spices, Rice Flour, Xanthan Gum.  <b>GLUTEN FREE</b>  All food ingredients contained in this product are approved for use in a regulation of the Food and Drug Administration CFR Title 21 or are listed as generally recognized as safe.		<table border="1"><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">about 85 servings per container</td></tr><tr><td><b>Serving size</b></td><td><b>3 pucks (85g)</b></td></tr><tr><td colspan="2"><b>Amount per serving</b></td></tr><tr><td><b>Calories</b></td><td><b>130</b></td></tr><tr><td colspan="2"><b>% Daily Value*</b></td></tr><tr><td><b>Total Fat</b> 2g</td><td><b>3%</b></td></tr><tr><td>Saturated Fat 0g</td><td><b>0%</b></td></tr><tr><td>Trans Fat 0g</td><td></td></tr><tr><td><b>Cholesterol</b> 0mg</td><td><b>0%</b></td></tr><tr><td><b>Sodium</b> 420mg</td><td><b>18%</b></td></tr><tr><td><b>Total Carbohydrate</b> 23g</td><td><b>8%</b></td></tr><tr><td>Dietary Fiber 6g</td><td><b>21%</b></td></tr><tr><td>Total Sugars 4g</td><td></td></tr><tr><td>Includes 0g Added Sugars</td><td><b>0%</b></td></tr><tr><td><b>Protein</b> 7g</td><td></td></tr><tr><td>Vitamin D 0mcg</td><td><b>0%</b></td></tr><tr><td>Calcium 51mg</td><td><b>4%</b></td></tr><tr><td>Iron 3mg</td><td><b>15%</b></td></tr><tr><td>Potassium 59mg</td><td><b>2%</b></td></tr><tr><td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></td></tr><tr><td colspan="2"><small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small></td></tr></table> <p>The presence of natural ingredients can lead to slight variations in color and analysis. These variations are not related to our standardized flavor profile. Therefore, these data should be used as a condition of sale.</p>	Nutrition Facts		about 85 servings per container		<b>Serving size</b>	<b>3 pucks (85g)</b>	<b>Amount per serving</b>		<b>Calories</b>	<b>130</b>	<b>% Daily Value*</b>		<b>Total Fat</b> 2g	<b>3%</b>	Saturated Fat 0g	<b>0%</b>	Trans Fat 0g		<b>Cholesterol</b> 0mg	<b>0%</b>	<b>Sodium</b> 420mg	<b>18%</b>	<b>Total Carbohydrate</b> 23g	<b>8%</b>	Dietary Fiber 6g	<b>21%</b>	Total Sugars 4g		Includes 0g Added Sugars	<b>0%</b>	<b>Protein</b> 7g		Vitamin D 0mcg	<b>0%</b>	Calcium 51mg	<b>4%</b>	Iron 3mg	<b>15%</b>	Potassium 59mg	<b>2%</b>	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>		<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	
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Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 www.greciandelight.com

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 R:\Specifications in Word\Product Specs in Word\SA000011 Falafel Uncooked Fritters 3.12.20.doc





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100g Nutritional:	Nutrients		Per 100g	Nutrients		Per 100g
	Basic Components			Vitamin B12 (mcg)		0
	Gram Weight (g)		100	Biotin (mcg)		--
	Calories (kcal)		156.17	Vitamin C (mg)		11.64
	Calories from Fat (kcal)		23.21	Vitamin D - IU (IU)		0
	Calories from SatFat (kcal)		2.39	Vitamin D - mcg (mcg)		0
	Protein (g)		8.12	Vitamin E - Alpha-Toco (mg)		--
	Carbohydrates (g)		26.51	Folate (mcg)		11.03
	Total Dietary Fiber (g)		7.7	Folate, DFE (mcg DFE)		--
	Total Soluble Fiber (g)		0.06	Vitamin K (mcg)		--
	Total Sugars (g)		4.49	Pantothenic Acid (mg)		--
	Monosaccharides (g)		0	Minerals		
	Disaccharides (g)		--	Calcium (mg)		59.68
	Other Carbs (g)		0.12	Chromium (mcg)		--
	Fat (g)		2.58	<b>Copper (mg)</b>		0.02
	Saturated Fat (g)		0.27	Fluoride (mg)		--
	Mono Fat (g)		0.15	Iodine (mcg)		--
	Poly Fat (g)		0.03	Iron (mg)		3.04
	Trans Fatty Acid (g)		0	Magnesium (mg)		4.41
	Cholesterol (mg)		0	Manganese (mg)		0.02
	Water (g)		54.96	Molybdenum (mcg)		--
	Vitamins			Phosphorus (mg)		3.2
	<b>Vitamin A - IU (IU)</b>		737.35	Potassium (mg)		69.81
	Vitamin A - RE (RE)		--	Selenium (mcg)		--
	Vitamin A - RAE (mcg)		--	Sodium (mg)		490.95
	Carotenoid RE (RE)		--	Zinc (mg)		0.09
	Retinol RE (RE)		--	Poly Fats		
	Beta-Carotene (mcg)		--	Omega 3 Fatty Acid (g)		--
	Vitamin B1 (mg)		0.01	Omega 6 Fatty Acid (g)		--
	Vitamin B2 (mg)		0.01	Other Nutrients		
	Vitamin B3 (mg)		0.02	Alcohol (g)		--
	Vitamin B3 - Niacin Equiv (mg)		--	Caffeine (mg)		0
	Vitamin B6 (mg)		0.01	Choline (mg)		--

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## **Cooking Instructions:**

Fryer: Fry Falafel Fritters for 5:30 to 6 minutes or until golden brown and internal temperature is 165°F.

Convection Oven: 375°F for 20 to 22 minutes or until golden brown and internal temperature is 165°F.

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