



Bush Brothers & Company

7811 - Bush's Garbanzo Bn 12 16 Oz

In the great "garbanzo beans" or "chick peas" debate, our answer is...yes. Call 'em what you want-we call them delicious! Versatile and undeniably flavorful, there are so many ways to enjoy BUSH'S Garbanzo Beans, which are cooked "just right" to enhance the flavor and texture. Savor them in your next salad, add them to a hear...



Nutrition Facts

Servings per Container **3.5**
Serving size **1/2 cup (130g)**

Amount per serving
Calories 120

	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	20%
Total Carbohydrate 20g	7%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0µg	0%
Calcium 30mg	2%
Iron 1.4mg	7%
Potassium 230mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Nutty and Versatile
Cooked "just right" to enhance the flavor and texture
Our Garbanzo Beans are grown, cooked and canned in the USA.
6g (9%) of plant protein and 4g of fiber per serving
Good source of fiber (See Nutrition Information For Sodium Content)

Ingredients

Prepared Chick Peas, Water, Salt, Calcium Chloride (Firming Agent), Disodium EDTA (Promotes Color Retention).

⚠ Allergens

Handling Suggestions

Store in a clean dry place

Serving Suggestions

Add to salads, soups, dips and more.

Prep & Cooking Suggestions

Empty contents into microwave-safe container. Cover. Heat 1-2 minutes. Stir and serve.

📄 Product Specifications

Brand	Manufacturer	Product Category
Bush's Best	Bush Brothers &	Beans, Canned, Ref, Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
01705	7811	10039400017056		12/16 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.8lb	12lb	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.13in	9.13in	4.5in	0.29ft3	17x12	730DAYS	35°F / 95°F



In the great "garbanzo beans" or "chick peas" debate, our answer is...yes. Call 'em what you want-we call them delicious! Versatile and undeniably flavorful, there are so many ways to enjoy BUSH'S Garbanzo Beans, which are cooked "just right" to enhance the flavor and texture. Savor them in your next salad, add them to a hear...



Nutrition Analysis

Calories	120kcal	Total Fat	2g	Sodium	480mg
Protein	6g	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	1.4mg
Sugars	3g	Added Sugars	0g	Potassium	230mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

