



# Nutrition Facts

|                                |                        |
|--------------------------------|------------------------|
| <b>Portion Size</b>            | <b>33 g</b>            |
| <b>Amount Per Portion</b>      |                        |
| <b>Calories</b>                | <b>7.6</b>             |
|                                | <b>% Daily Value *</b> |
| <b>Total Fat</b> 0.2g          | <b>0 %</b>             |
| <b>Sodium</b> 2mg              | <b>0 %</b>             |
| <b>Total Carbohydrate</b> 0.7g | <b>0 %</b>             |
| Dietary Fiber 0.6g             | <b>2 %</b>             |
| Sugar 0.1g                     |                        |
| <b>Protein</b> 1.3g            | <b>3 %</b>             |
| Vitamin D 0mcg                 | 0 %                    |
| Calcium 11mg                   | 1 %                    |
| Iron 0.3mg                     | 2 %                    |
| Potassium 26mg                 | 1 %                    |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.