



Nutrition Facts

Portion Size	109 g
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Amount Per Portion	
Calories	63
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	% Daily Value *
Total Fat 0.2g	0 %
Sodium 1.1mg	0 %
Total Carbohydrate 15g	5 %
Dietary Fiber 3.1g	11 %
Sugar 10g	
Protein 0.5g	1 %
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Calcium 5.5mg	0 %
Iron 0.2mg	1 %
Potassium 131mg	3 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.