



# Nutrition Facts

**Portion Size** 109 g

Amount Per Portion

**Calories** 69

	% Daily Value *
<b>Total Fat</b> 0.2g	0 %
<b>Sodium</b> 1.1mg	0 %
<b>Total Carbohydrate</b> 17g	6 %
Dietary Fiber 2.3g	8 %
Sugar 13g	
<b>Protein</b> 0.2g	0 %
Calcium 7.6mg	1 %
Iron 0.1mg	1 %
Potassium 119mg	3 %

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.