



Nutrition Facts

| | |
|-------------------------------|------------------------|
| Portion Size | 225 g |
| Amount Per Portion | |
| Calories | 200 |
| | % Daily Value * |
| Total Fat 0.7g | 1 % |
| Saturated Fat 0.3g | 2 % |
| Sodium 2.3mg | 0 % |
| Total Carbohydrate 51g | 19 % |
| Dietary Fiber 5.9g | 21 % |
| Sugar 28g | |
| Protein 2.5g | 5 % |
| Vitamin D 0mcg | 0 % |
| Calcium 11mg | 1 % |
| Iron 0.6mg | 3 % |
| Potassium 806mg | 17 % |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.