



Nutrition Facts

Portion Size	85 g
Amount Per Portion	
Calories	25
	% Daily Value *
Total Fat 0g	0 %
Sodium 25mg	1 %
Total Carbohydrate 4g	1 %
Dietary Fiber 3g	11 %
Sugar 2g	
Protein 3g	6 %
Calcium 40mg	3 %
Iron 0.7mg	4 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.