



# Nutrition Facts

**Portion Size** 85 g

Amount Per Portion

**Calories** 45

	% Daily Value *
<b>Total Fat</b> 0g	<b>0 %</b>
<b>Total Carbohydrate</b> 10g	<b>4 %</b>
Dietary Fiber 2g	<b>7 %</b>
Sugar 2g	
<b>Protein</b> 1g	<b>2 %</b>
Calcium 40mg	3 %
Iron 0.7mg	4 %

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.