



Nutrition Facts

Portion Size 150 g

Amount Per Portion

Calories 129

	% Daily Value *
Total Fat 2g	3 %
Saturated Fat 0.5g	2 %
Sodium 23mg	1 %
Total Carbohydrate 28g	10 %
Dietary Fiber 3g	11 %
Sugar 9.4g	
Protein 4.9g	10 %
Vitamin D 0mcg	0 %
Calcium 3mg	0 %
Iron 0.8mg	4 %
Potassium 405mg	9 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.