



Nutrition Facts

Portion Size

100 g

Amount Per Portion

Calories

35

	% Daily Value *
Total Fat 0g	0 %
Sodium 78mg	3 %
Total Carbohydrate 8g	3 %
Dietary Fiber 3g	11 %
Sugar 5g	
Protein 1g	2 %
Calcium 30mg	2 %
Iron 0.9mg	5 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.