



Nutrition Facts

For a Serving Size of 0.33
medium (99g)

Calories 10	Calories from Fat 0 (0%)
	% Daily Value *
Total Fat 0g	-
Sodium 0mg	0%
Carbohydrates 2g	-
Net carbs 1g	-
Fiber 1g	4%
Glucose 1g	
Protein 1g	
Vitamins and minerals	
Vitamin A 36µg	4%
Vitamin C 9mg	15%
Calcium 20mg	2%
Iron 0.2mg	2%
Fatty acids	
Amino acids	

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs.