



### Nutrition Facts

For a Serving Size of 0.33  
medium (99g)

<b>Calories</b> 10	Calories from Fat 0 (0%)
	<b>% Daily Value *</b>
<b>Total Fat</b> 0g	-
<b>Sodium</b> 0mg	<b>0%</b>
<b>Carbohydrates</b> 2g	-
Net carbs 1g	-
Fiber 1g	<b>4%</b>
Glucose 1g	
<b>Protein</b> 1g	
<b>Vitamins and minerals</b>	
Vitamin A 36µg	<b>4%</b>
Vitamin C 9mg	<b>15%</b>
Calcium 20mg	<b>2%</b>
Iron 0.2mg	<b>2%</b>
<b>Fatty acids</b>	
<b>Amino acids</b>	

\* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs.