



Nutrition Facts

Portion Size	89 g
Amount Per Portion	
Calories	22
	% Daily Value *
Total Fat 0.1g	0 %
Sodium 16mg	1 %
Total Carbohydrate 5.2g	2 %
Dietary Fiber 2.2g	8 %
Sugar 2.9g	
Protein 1.1g	2 %
Vitamin D 0mcg	0 %
Calcium 36mg	3 %
Iron 0.4mg	2 %
Potassium 151mg	3 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.