



Nutrition Facts

Portion Size 138 g

Amount Per Portion

Calories 90

	% Daily Value *
Total Fat 1g	1 %
Total Carbohydrate 24g	9 %
Dietary Fiber 1g	4 %
Sugar 23g	
Protein 1g	2 %
Calcium 19mg	1 %
Iron 0.4mg	2 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.