



# Nutrition Facts

<b>Portion Size</b>	<b>100 g</b>
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Amount Per Portion	
<b>Calories</b>	<b>143</b>
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	<b>% Daily Value *</b>
<b>Total Fat</b> 0.4g	<b>1 %</b>
<b>Total Carbohydrate</b> 28g	<b>10 %</b>
Dietary Fiber 2.7g	<b>10 %</b>
<b>Protein</b> 6.6g	<b>13 %</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.