



Nutrition Facts

Portion Size 100 g

Amount Per Portion

Calories 32

% Daily Value *

Total Fat 0.2g	0 %
Sodium 16mg	1 %
Total Carbohydrate 7.3g	3 %
Dietary Fiber 2.6g	9 %
Sugar 2.3g	
Protein 1.8g	4 %
Vitamin D 0mcg	0 %
Calcium 72mg	6 %
Iron 1.5mg	8 %
Potassium 276mg	6 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.