



Nutrition Facts

Portion Size 165 g

Amount Per Portion

Calories 99

	% Daily Value *
Total Fat 0.6g	1 %
Saturated Fat 0.2g	1 %
Sodium 1.7mg	0 %
Total Carbohydrate 25g	9 %
Dietary Fiber 2.6g	9 %
Sugar 23g	
Protein 1.4g	3 %
Vitamin D 0mcg	0 %
Calcium 18mg	1 %
Iron 0.3mg	2 %
Potassium 277mg	6 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.