



Nutrition Facts

Portion Size	180 g
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Amount Per Portion

Calories	85
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	% Daily Value *
Total Fat 0.2g	0 %
Total Carbohydrate 21g	8 %
Dietary Fiber 4.3g	15 %
Sugar 17g	
Protein 1.7g	3 %
Vitamin D 0mcg	0 %
Calcium 72mg	6 %
Iron 0.2mg	1 %
Potassium 326mg	7 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.